

Charming Station

Holiday Apron



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This apron can be adapted for any holiday. This is a pattern "by suggestion" - you can add to the instructions to make it larger or reduce the measurements to make it smaller. The apron we made would fit a small adult.

You will need:

- 6 embroidered blocks trimmed to 5½"
- 1¼ yards for the skirt and bib – main fabric (we used orange polka dots)
- 1 yard for block sashing - (we used black polka dots)
- ½ yard for ruffle #1 (we used black polka dots)
- 1 yard for ruffle #2 (we used green print)
- one 10" square for bib lining

Cutting:

From main apron skirt fabric (we used orange polka dots):

- Cut one strip 9" wide by the width of the fabric.
- Cut three strips 1½" wide by the width of the fabric.
 - from these strips cut 12 strips 6½" long
 - cut two strips 8½" long
- Cut 9 strips that are 2½" wide by the width of the fabric.

From sashing fabric (we used black polka dots):

- Cut four strips of fabric 1½" wide by the width of the fabric
 - From these strips, cut 12 pieces that are 5½" long
 - Cut 12 pieces that are 7½" inches long
- Cut 4 strips that are 2½" wide by the width of the fabric for ruffle #1
- Cut 4 strips that are 3" wide by the width of the fabric for ruffle #2

From alternate fabric for ruffles (we used a green print):

- Cut 4 strips that are 4½" wide by the width of the fabric for ruffle #1
- Cut 4 strips that are 4½" wide by the width of the fabric for ruffles #2

Embroidery:

This apron uses 6 embroidered blocks. You can select any designs you like. Trim the finished embroidery to 5½" square.

Block Sashing:

- Use ¼" seam for these instructions.
- For all 6 blocks add 1½" x 5½" sashing on the left and right sides of the block using a contrasting fabric (we used black polka dots).
- Then add 1½" x 6½" sashing of cut from the same contrasting fabric on the top and bottom of each block (we used black polka dots).
- Select the block that you want to feature on the bib and set it aside.
- For the remain 5 blocks, add an additional 1½" x 6½" sashing strip to the left and right sides of each block using the same fabric as the main part of the skirt.



Assembling the Skirt:

- Sew the blocks together in a row to form the panel for the bottom of the apron.
- Sew the 2½" strip across the bottom of this panel.
- Sew the 9" strip across the top
- This forms the main portion of the skirt.
- Round the corners at the bottom of the skirt (a saucer makes a nice template for this!)



- Set this aside while we create the bib.

Creating the Bib:

- Add 1½" x 6½" sashing strips to the left and right side of the bib block (we used orange polka dots).
- Add 1½" x 8½" sashing strips to the top and bottom of the bib block (also orange polka dots).
- Place the block - right-sides-together - with the 10 inch square of lining fabric. (The lining will likely be larger than the block.)
- Sew across the top of the block using a ¼" seam. (The other edges will be enclosed later.)
- Open this out and re-fold so that wrong sides are together. Press this so the top seam is nice and crisp.
- If necessary, trim the lining to match the edge of the bib.



Please note: For some of these pictures, the prints on the fabric differ from those used in the completed apron. We went back to take photos and didn't have enough of the original fabric! The color scheme is the same though.

Adding the Shoulder Straps on the Bib:

- Take 4 of the 2½" strips and cut them to 32" long.
- Press one edge on each of these under ¼".
- Starting at the bottom edge of one side of the bib and place the raw, unfolded edge along the side.
- Turn this over and place the raw edge of the second strip on the other side.



- Starting at the bottom edge of the bib, sew a ¼" seam through all the layers. Continue to the end of the strips.
- Lay the other two strips on the other side of the bib, the same way and sew from the bottom of the bib to the end of the strips.
- Set this aside for a moment while we create the ruffles.



Creating Ruffles:

There are "top" ruffles that start at the waist and go along the bib and over the shoulder down to the waist in the back.

There are also "bottom" ruffles that start just under the waistband and go completely around the apron ending at the waistband on the other side.

You can choose any method you like to make ruffles (using a ruffle foot, dental floss, or your preference).



For the top ruffles:



- Use two 4½" wide strips of green and seam them end to end to make one long strip. Make two of these.
 - Use two 2½" wide strip of black and seam them end to end to make one long strip. Make two of these.
 - For each strip, turn one edge under ¼" twice and press this with a hot iron.
 - Stitch down the length sewing this turned under edge in place.
 - Place a black (narrow) strip on top of the green (wider) strip, matching the raw edges.
 - Gather along the raw edge.
 - Make two of these ruffles (one for each side of the bib).
- These will each need to be approximately 32 - 36 inches long once they are gathered.

For the bottom ruffles:

- Use four 4½" wide strips of green and a 3" wide strips of black.
- Sew all of the green strips, end to end, to make one long strip.
- Sew all of the black strips, end to end, to make one long strip.
- For each color, turn one edge under twice and stitch down the length sewing the turned edge in place.
- Place the black strip on top of the green strip matching raw edges.
- Gather along the raw edge.
- This piece will need to be approximately 76-80 inches long once it is gathered in order to go all the way around the skirt.
- Starting at the top left side of the skirt pin the ruffle along the edge all the way around to the top of the opposite side.
- Sew this strip with a top stitch (with the right side facing up) all the way from one side to the other.



Assembling the Apron Top:

- Open the strap pieces spreading the bottom one out with the pressed edge open as shown here.
- Lay one "top" ruffle with the raw edge inside the strap.
- Close the other side of the strap over the raw edge.
- Pin through all layers going all the way to the end of the orange strip.
- Sew from the bottom of the bib to the end of the strap making sure you are enclosing the raw edge of the ruffle. This top stitch finishes the front and back with no raw edges.
- Do the same thing on the other side of the bib.
- Then sew from the bottom of the bib to the end of each strip along the other side of the strip tucking in the folded edge to finish each strip.



Adding the Waistband

- Take two orange strips that are 2½" wide by width of fabric and sew them end to end to make one long strip.
- Make a second strip exactly the same way.
- Fold one side of each strip over by ¼" once and press this fold.
- Gather the top of the skirt (starting at the edge of the ruffle and ending at the edge of the ruffle on the other side of the skirt).
- Lay one strip with the raw edge matching the top of the raw edge of the skirt. With the right side touching the wrong side of the skirt. (When this is sewn and folded up, there will be a finished band on the inside.)
- Center the strip with the seam that joined the strips in the middle.



- From the center seam - the skirt should go 10 inches on each side. This will be a little wider than the bib.
- Pin this in place including across the top of the raw edge of the ruffle.
- Turn the skirt over.



- Put the raw edge of the other strip on the from side.
 - This band will be "right sides together"
 - Match the raw edge at the top and pin in place.
- Sew all the way across from one edge to the other including the raw edge of the ruffle. You are sewing through the inside band, the raw edge of the top of the skirt and the outside band all at the same time.
- Turn both sides of the band up so that the right side is facing out on both sides.
- The pressed/folded edge should be at the top on both the front and the back of the waistband.

- Pin the Bib between the front and back bands centering it with the center seam on the skirt.
- In the bib in place including the raw edge of the bottom of the ruffle on both sides of the bib.
- Sew across the entire waistband.
- For each end of the waist band, tuck the raw edges inside and top stitch to finish them.
- Do the same for each end of the straps that go over the shoulder.
- Sew a button hole at the end of each strap.
- Fit the apron to the person who will wear it and sew a button in the appropriate place on the back of the waistband to finish the top.

